

Mitzvah Day is April 15th!

Beth Emeth - Temple Israel - Ohav Shalom - B'nai Sholom

Check-in and Lunch at Beth Emeth begins at 11:30 (cooked in Temple Israel's kitchen)

Registration required by April 8th. Please see the reverse side for registration instructions.

Kids under 18 must be accompanied by an adult. Please note the age limits specified below

Mitzvah Day Teams:

	PROJECT	WORK LOCATION	CAPTAIN	AGES
1	Mitzvah Day Check-In/T-Shirt Station	Beth Emeth	Deborah Stayman	12+
2	Sort Food Donations for Hungry People	Regional Food Bank	Jenna Shersky	4+
3	Cook Dinner for Families at Ronald House	Ronald McDonald House	Lisa Roth	18+
4	No-Sew Blankets for Mary's Corner	Beth Emeth	Joni Lieberman-Basen & Ellen Roehr	10+
5	<u>Peanut Butter</u> Bag Lunches for City Mission Homeless	Beth Emeth	Julie Levin & Amy Krenzel	All
6	Lunch for Mitzvah Day Volunteers	Temple Israel & Beth Emeth	Men's Clubs/ Brotherhoods	18+
7	Meatballs for Soup Kitchen	Beth Emeth	Laura Alpert & Peter Perry	12+
8	Supply Bags for Refugees	Beth Emeth	Dan Cotton	All
9	Bake Cookies and Bars for Ronald House	Ronald McDonald House	Elana Kamenir	12+
10	Bake for City Mission Homeless	Beth Emeth	Elise Beams	All
11	Soup Kitchen Garden Preparation and Planting	Beth Emeth	Marni Tesser & Sara Salitan-Thiell	All
12	Crafts Kits for Children at Albany Med	Beth Emeth	Amy Horwitz	All
13	Birthday Boxes for Homeless Children	Beth Emeth	Judy Avner	All
14	The Tribe Project	Emmaus Church	The Tribe	22-35
15	Ribbons for To Life! Breast Cancer Education	Beth Emeth	Lucy Siegel	All
16	Cemetery Clean Up Grounds/Chapel	Beth Emeth Cemetery	Mark Swyer	All
17	After-School Snack Bags for Trinity Alliance	Beth Emeth	Debbie Rous	All
18	Pack Towels for Joseph's House for Homeless	Beth Emeth	Frank & Nancy Allen	All
19	Yard/Inside Clean-up for Homeless Aid	Family Promise	Becky Marvin	All
20	Welcome Bags for Ronald McDonald House	Beth Emeth	Marcia & Mike Horelick	All
21	Letters for IDF Lone Soldiers; alone in Israel	Beth Emeth	Eric Schwartz	All
22	Breakfast-to-Go for Families at Ronald McDonald House	Beth Emeth	Robyn Easton & Emily Kurlander	All

Questions?: Contact Gail at 40rosedale@gmail.com

Blood Drive: Wednesday, April 18 -- To register, look for the Blood Drive link on bethemethalbany.org

Blood Drive Questions? Contact Debbie at @dsokoler@bethemethalbany.org

**On Mitzvah Day Please bring: Can pop tops for Ronald McDonald House
New or gently-used bath-size towels for Joseph's House**