



**"Get Your Affairs in Order so Your Kids
Don't Have To" with
Lynda Shrager, OTR, MSW, CAPS**

Sunday, March 26, 2017 - 2:00 PM

All of us should take the time to organize our important paper work, health directives and home *before* a crisis occurs. Getting our ducks in a row provides a great amount of stress relief and prevents a ton of aggravation for those who will come after us. This presentation will teach you:

- What vital documents you should have
- How to create a map to those documents
- How to organize pertinent health information
- How to document your health wishes
- How to begin to declutter and prepare for downsizing
- How to initiate *The Conversation* with your loved ones

Coffee and dessert to follow

This program is free and open to the community & is being offered by the
Sisterhood of Beth Emeth

Please RSVP to Lynda Shrager by March 23rd.

Questions? Contact Lynda Shrager - LGShrager@aol.com